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Grace Under Pressure

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When it comes to life there is way more than enough pressure to go around. While we can't always avoid pressures of life we can learn to walk in God's grace when we're under pressure.

## **Pressure from the Inside**

### **Romans 7:18-25 NLT**

And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it.

I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong.

This internal battle was present for Paul – and it is with us – with ALL of us. Until heaven this is our “current situation”

## Pressure from the Outside

### Romans 8:18-23 NLT

Yet what we suffer now is nothing compared to the glory he will reveal to us later. For all creation is waiting eagerly for that future day when God will reveal who his children really are. Against its will, all creation was subjected to God's curse. But with eager hope, the creation looks forward to the day when it will join God's children in glorious freedom from death and decay. For we know that all creation has been groaning as in the pains of childbirth right up to the present time. And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us.

Recognize & Prepare for the Battle

Submit to God

Resist the Devil & he will flee

Even when pressures are swirling all around.....from Inside & Outside is God's Grace. His grace is sufficient.

## Accept God's Grace

### 2 Corinthians 12:5-10 NLT

That experience is worth boasting about, but I'm not going to do it. I will boast only about my weaknesses. If I wanted to boast, I would be no fool in doing so, because I would be telling the truth. But I won't do it, because I don't want anyone to give me credit beyond what they can see in my life or hear in my message, even though I have received such wonderful revelations from God.

So to keep me from becoming proud, I was given a thorn in my flesh, a messenger from Satan to torment me and keep me from becoming proud.

Three different times I begged the Lord to take it away. Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me. That's why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong.

Grace – God's favor (supernatural enablement) to do God's Will).

The free and unmerited favor of God, as manifested in the salvation of sinners and the bestowal of blessings.

God's grace is everything you need to all the pressures of life in a fallen world !  
His grace will keep you from "blowing a gasket" when you're under pressure.